

# ROCKLAND COUNTY FIRE TRAINING CENTER TRAINING BULLETIN



October 17, 2019

## ROCKLAND COUNTY FAST

Bulletin #19-61



**(This is not a NYS Course)**

371

Most Rockland Fire Departments have **FAST Teams** to provide for the immediate rescue of firefighters who may encounter difficulty during operations. A study by the Phoenix Fire Dept. revealed that 5 of every 12 firefighters operating as a member of a **FAST Team** required assistance from other firefighters to escape injury! This class will provide the firefighter with the skills and knowledge necessary save lives. Topics to be discussed include: developing a rescue plan for missing, lost or trapped firefighters, the tools and staffing requirements for a FAST Team, demonstration of rope search techniques, firefighter/victim removal methods, and other operations that might be used by the **FAST Team**.

This class includes “hands-on” practical evolutions. All students who participate in these evolutions must be medically cleared as specified by OSHA and NFPA requirements. Each student is responsible for notifying the Instructor if they have any medical condition that might affect their ability to participate in any evolution. **FULL OSHA COMPLIANT FIREFIGHTING PROTECTIVE GEAR, INCLUDING SCBA, IS REQUIRED FOR THIS CLASS.**

**The NYS Training Authorization Letter must be filled out for all courses requiring the use of SCBA**

The course consists of 12 hours, 4 nights of training presented as follows:

**Tues, Nov 12, 2019 7:30 PM**

**Thur, Nov 14, 2019 7:30 PM**

**Wed, Nov 13, 2019 7:30 PM**

**Sun, Nov 17, 2019 8:00 AM**

The Instructor is Dan Dennehy

Pre-requisite: You must complete “Firefighter I” or equivalent training and Firefighter Survival (NYS or County), in order to attend this class.

Pre-registration is required. Class size is limited to 16 students. Please contact your Chief or Training Officer who will authorize your attendance, on our website.

<http://rocklandgov.com/departments/fire-and-emergency/firefighters-and-emergency-responders/training-and-events/>

**LAST DATE FOR REGISTRATION IS NOV 11, 2019**

**35 Firemen’s Memorial Drive, Pomona NY 10977**

**845-364-8800**

There is a charge for Businesses and Out of County Fire Depts.

Email: [rcftc@co.rockland.ny.us](mailto:rcftc@co.rockland.ny.us)

Should this class need to be cancelled due to weather or any other reason it will be announced on **44-Control**, you can listen @ **7 PM**.